

**Guru Nanak – Sabad 106**  
**sidhak sabooree saadhikaa sabar tosaa malaikaa(n) ||**  
**Raag Siriraag, Guru Nanak, Guru Granth Sahib, 83**

sidhak sabooree saadhikaa sabar tosaa malaikaa(n) ||  
dheedhaar poore paisaa thaau naahee khaikaa ||2||

**Summary:** Perseverance and integrity are powerful allies in cultivating inner strength, grounding our actions in unwavering consistency and honesty. Perseverance fuels our efforts when outcomes are slow or uncertain, keeping discouragement at bay and maintaining our sense of purpose. Integrity guarantees that our progress does not come at the expense of our core values. Together, they create a steady inner alignment between intention and conduct. Challenges serve as opportunities to test our commitment, rather than reasons to stray from our path. As we embody these principles, we cultivate a deeper trust in ourselves, ensuring that what we build endures, anchored in dedicated effort and clarity.

sidhak sabooree saadhikaa sabar tosaa malaikaa(n) ||

Trust and contentment are the way, and patience is the sustenance of the virtuous. This highlights how perseverance and integrity nourish awareness rather than external resources.

dheedhaar poore paisaa thaau naahee khaikaa ||2||

Vision is achieved by those who perceive wholeness; there is no room for boastfulness. This signifies that insight comes from the depth of oneness, not the superficiality of duality. (2)

**Essence:** Guru Nanak conveys that the fundamental oneness of life can be grasped through profound insights that transform our experiences, deepening our sense of meaning and effectiveness in discovering our life's purpose. He emphasises that this spiritual vision is attainable only for those who recognise and embody the intricate web of interconnectedness. From this enlightened perspective, there is no space for arrogance or self-centeredness, as it becomes clear that we are all part of a larger, shared reality.

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