

Bhagat Sain - Sabad 1
dhoop deep ghirat saaj aartee ||
Raag Dhanasri, Bhagat Sain, Guru Granth Sahib, 695

dhoop deep ghirat saaj aartee ||
vaarane jaau kamlaa patee ||1||
ma(n)galaa har ma(n)galaa ||
nit ma(n)gal raajaa raam rai ko ||1|| rahaau ||
uootam deearaa nirmal baatee ||
tuh (n)ee nira(n)jan kamlaa paatee ||2||
raamaa bhagat raamaana(n)d jaanai ||
pooran paramaana(n)d bakhaanae ||3||
madan moorat bhae taar gobi(n)de ||
sain bhanai bhaj paramaana(n)de ||4||2||

Summary: Creation reflects a benevolence that is evident in our everyday existence, much like the unwavering warmth of the sun, which sustains and nurtures life unconditionally, without bias or interruption. This phenomenon reveals an inherent spirit of giving, where nature provides nourishment without expecting anything in return. In this context, universality becomes more than just a concept; it transforms separation into meaningful participation. It fosters unity, contributes to the well-being of all, and embraces the idea of omnipresence as a crucial step toward more harmonious coexistence. Engaging with the well-being of the universe allows us to align harmoniously with this flowing energy, making it an integral part of our daily lives.

dhoop deep ghirat saaj aartee ||

The incense and oil-lit lamps, arranged on a platter as offerings to venerate the divine, this act symbolize that divinity is the awareness that resides as a guiding light in all forms of creation.

vaarane jaau kamlaa patee ||1||

I offer myself to the divine omnipresent awareness. This represents surrendering to the supreme essence that unveils the profound richness of our interconnected existence. (1)

ma(n)galaa har ma(n)galaa ||

Celebrate the supreme bliss of unity and universal benevolence. This highlights that true veneration is not ritualistic practices but the awakening of harmony within.

nit ma(n)gal raajaa raam rai ko ||1|| rahaau ||

Constantly strive for universal benevolence as devotion to the all-pervading awareness. This suggests an ever auspicious, harmonious state that does not depend on external acts of worship. (Pause)

uootam deearaa nirmal baatee ||

The glowing lamp represents wisdom's supremacy, while the wick signifies the seeker's sublimity.

tuh (n)ee nira(n)jan kamlaa paatee ||2||

You are immaculate and pure, the divine omnipresent awareness. This acknowledgement reflects a conscience that embodies benevolent intentions. (2)

raamaa bhagat raamaana(n)d jaanai ||

The devotee of the all-pervasiveness awareness is aware of its blissful omnipresence. This represents experiential recognition, an enlightened being aware of the oneness of creation.

pooran paramaana(n)d bakhaanae ||3||

Embracing the wholeness of creation embodies the ultimate state of bliss. This points to a conscience that has transcended duality. (3)

madan moorat bhae taar gobi(n)de ||

The intriguing qualities of universal energy guide us through life's challenges. This demonstrates how inner devotion can transform duality into stability, allowing the self to achieve peace in wholeness.

sain bhanai bhaj paramaana(n)de ||4||2||

Sain says to contemplate the ultimate state of bliss; this is not material pleasure; it is the joy that arises when ego, fear, and fragmentation are overtaken by the realization of omnipresence of awareness (4)(2)

Essence: Bhagat Sain highlights the pursuit of supreme bliss, known as Parmanand, which reflects our true human nature, untainted by fear, discrimination, and ego. In our daily lives, we often get lost in the world's illusions, leading us into a constant struggle between pain and pleasure. However, the power of true bliss lies within each of us and can be unlocked through self-discovery, the development of virtuous qualities, and a deep commitment to recognizing our interconnectedness with the universe.

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Website: OnenessInDiversity.com

Email: onenessindiversityfoundation@gmail.com