

Bhagat Kabir - Sabad 25
kat nahee Thaur mool kat laavau ||
Raag Gauri, Bhagat Kabir, Guru Granth Sahib, 327

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khojat tan meh Thaur na paavau ||1||
laagee hoi su jaanai peer ||
raam bhagat aneeaaale teer ||1|| rahaau ||
ek bhai dhekhau sabh naaree ||
kiaa jaanau seh kaun piaaree ||2||
kahu kabeer jaa kai masatak bhaag ||
sabh parahar taa kau milai suhaag ||3||21||

Summary: Understanding suffering can be seen as an intellectual acknowledgement of pain, whereas experiencing it leads to an inner transformation shaped by lived experiences. The former can provide insight, but the latter deepens empathy, humility, and discernment. Suffering gains significance and becomes meaningful when it disrupts the ego's rigidity and expands our consciousness to realities that thought alone cannot comprehend. What we learn through direct experience transcends mere intellectual knowledge and becomes wisdom that shapes how we see and live our lives.

kat nahee Thaur mool kat laavau ||

There is no specific place where I can anchor my roots. This suggests a quest in which the mind searches for its source, where the restless self can finally rest.

khojat tan meh Thaur na paavau ||1||

Searching within the body, I find no place of permanence. This reveals that if one seeks security in what is inherently impermanent, no lasting stability can be found. (1)

laagee hoi su jaanai peer ||

Only the one struck by longing knows its pain. This suggests that no amount of observation, scholarship, or discussion can substitute for the impact of firsthand experience.

raam bhagat aneeaaale teer ||1|| rahaau ||

Devotional contemplation on the all-pervading presence is like a sharp arrow. This reflects that, like an arrow, wisdom can pierce through vulnerability to reach the essence of existence. (1)(Pause)

ek bhai dhekhau sabh naaree ||

By embracing oneness, I see everyone as seekers. This means that everyone, regardless of their background, is on a journey of seeking truth.

kiaa jaanau seh kaun piaaree ||2||

How can I know who is dear to the beloved? This challenges us to refrain from judging who aligns closest with universal truth, for each element of creation reflects the singular consciousness. (2)

kahu kabeer jaa kai masatak bhaag ||

Kabir says that those whose foreheads bear blessed fortune. This emphasis is not on being specially chosen but on becoming inwardly prepared to receive wisdom's insights to understand reality.

sabh parahar taa kau milai suhaag ||3||21||

By letting go of everything, the blessed union is attained. This reveals a profound unity in which nothing stands in the way of the conscience connecting with its essence. (3)(21)

Essence: Bhagat Kabir emphasizes that to be truly fortunate is to become inwardly prepared to receive the wisdom of reality. Such fortune does not arise from external success or circumstance, but from the openness, humility, and clarity that allow truth to be recognised, assimilated, and lived. In that receptive state, reality of oneness itself becomes the source of insight, transformation, and inner alignment.

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