

Bhagat Kabir - Sabad 27
bin sat satee hoi kaise naar ||
Raag Gauri, Bhagat Kabir, Guru Granth Sahib, 328

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pa(n)ddit dhekhahu ridhai beechaar ||1||
preet binaa kaise badhai saneh ||
jab lag ras tab lag nahee neh ||1|| rahaau ||
saahan sat karai jeea apanai ||
so ramaye kau milai na supanai ||2||
tan man dhan girahu saup sareer ||
soiee suhaagan kahai kabeer ||3||23||

Summary: Integrity is the foundation of an authentic life. Without it, we risk disconnecting from ourselves as our thoughts, words, and actions become misaligned. This misalignment undermines our self-respect and hides our true identities behind a facade of compromise. It showcases how attachment can bind us to materialism and external validation, while detachment leads to liberation. To analyse our true self requires courage and a commitment to reflect on our intentions, rather than relying on possessions to define our worth. Thus, integrity is essential for dignity, wholeness, and lasting self-acceptance.

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Without authenticity, how can the individual become truly faithful? This suggests that integrity is the cornerstone of our existence; without it, our ability to embrace and cherish our true selves is compromised.

pa(n)ddit dhekhahu ridhai beechaar ||1||

Scholar, look within the conscience and reflect. This points to introspective discernment, where intellect turns from analyzing texts to examining the inner motives and thoughts. (1)

preet binaa kaise badhai saneh ||

Without genuine love, how can a true bond deepen? This suggests that connection with wisdom goes beyond rituals and knowledge; it is an inner quest that nurtures insights as intimate.

jab lag ras tab lag nahee neh ||1|| rahaau ||

As long as there is longing for sensory pleasure, there is no true love that can exist. This highlights the contrast between attachment, which binds us to consumption, and detachment, which fosters genuine freedom. (1)(Pause)

saahan sat karai jee apanai ||

Those who consider material illusions to be truth. This suggests a misguided mindset that loses depth when owned by ego, fostering misconceptions.

so ramaye kau milai na supanai ||2||

They do not experience the all-pervading presence, not even in a dream. This illustrates the barrier posed by ignorance, which prevents us from realizing our true selves. (2)

tan man dhan girahu saup sareer ||

Offer the physical form, mind, wealth, home, and the senses of the body. This is an invitation to wholeheartedly surrender the fleeting aspects of our identity, thereby aligning with the eternal laws of nature.

soiee suhaagan kahai kabeer ||3||23||

They are the virtuous fortunate, says Kabir. This highlights that those who make an effort to understand the essence of life beyond material possessions and sensory stimulation are blessed. (3)(23)

Essence: Bhagat Kabir describes the truly fortunate as those whose inner lives are virtuous. Their good fortune does not stem from material comfort but from a conscience that seeks to understand the essence of life beyond mere possessions and sensory pleasures. Their blessings come from the inner clarity that enables them to let go of the transient aspects of their identity and align with the enduring laws of nature.

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