

Bhagat Kabir - Sabad 72
furamaan teraa sirai uopar fir na karat beechaar ||
Raag Gauri, Bhagat Kabir, Guru Granth Sahib, 338

furamaan teraa sirai uopar fir na karat beechaar ||
tuhee dhareeaa tuhee kareeaa tujhai te nisataar ||1||
ba(n)dhe ba(n)dhagee ikateear ||
saahib ros dharau k piaar ||1|| rahaau ||
naam teraa aadhaar meraa jiau fool jee hai naar ||
keh kabeer gulaam ghar kaa jeeaa bhaavai maar ||2||18||69||

Summary: The laws of nature govern the unfolding of creation, revealing them as the supreme force through which every event arises, through an intricate web of causes and conditions. As this understanding deepens, the mind lets go of the insistence on controlling outcome and begins to trust the larger movement of existence. Such recognition transforms surrender from helplessness into conscious alignment. Equanimity then arises from participating fully in life while remaining receptive to outcomes beyond personal control.

furamaan teraa sirai uopar fir na karat beechaar ||
Your command rests above me, and my mind no longer ponders it. This reference to command points to the laws of nature that govern all of creation, and the mind no longer doubts the larger flow in which every event unfolds.

tuhee dhareeaa tuhee kareeaa tujhai te nisataar ||1||
You are the river and the boat, and through you alone the crossing takes place. This reflects that the challenge, guidance, and release all arise within the same all-pervading presence. (1)

ba(n)dhe ba(n)dhagee ikateear ||
O being, embody devotion. This embrace is a relationship with the deeper reality, founded on love rather than on social conditioning or religious obligation.

saahib ros dharau k piaar ||1|| rahaau ||
Whether the sustaining presence is felt through disappointment, fear or love. This reflects equanimity with the deeper order, in which the inward bond remains unbroken in the face of life's changing conditions. (1)(Pause)

naam teraa aadhaar meraa jiau fool jee hai naar ||

Reflecting on the essence of existence supports me, much like the stalk supports the water flower. This suggests that deep reliance on experiential wisdom forms the foundation of a way of life enriched by insight.

keh kabeer gulaam ghar kaa jeeaaai bhaavai maar ||2||18||69||

Kabir says he is subservient to such a dwelling, regardless of whether life is sustained or ends. This illustrates a heartfelt surrender to lasting virtues, in which devotion is not contingent on comfort, survival, or favourable circumstances. (2)(18)(69)

Essence: Bhagat Kabir's commitment to experiential wisdom forms the bedrock of a life guided by authentic insights rather than superficial knowledge. This understanding grows into a deep surrender to lasting values, allowing devotion to remain unwavering amid comfort, survival, success, or circumstance. Such steadfastness demonstrates an equanimity grounded in a deeper understanding of existence, where inner alignment is no longer influenced by what life may give or take away.

Sabad Interpretation by **Vininder Kaur & Amardeep Singh**

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