

Bhagat Namdev - Sabad 54
badhahu kee na hodd maadhau mo siau ||
Raag Sarang, Bhagat Namdev, Guru Granth Sahib, 1252

badhahu kee na hodd maadhau mo siau ||
Thaakur te jan jan te Thaakur khel pario hai to siau ||1|| rahaau ||
aapan dheau dhehuraa aapan aap lagaavai poojaa ||
jal te tara(n)g tara(n)g te hai jal kahan sunan kau dhoojaa ||1||
aapeh gaavai aapeh naachai aap bajaavai tooraa ||
kahat naamadheau too(n) mero Thaakur jan uoraa too pooraa ||2||2||

Summary: Wholeness is the realization that nothing essential is missing because our true nature is deeply connected to existence. In this experience of non-duality, the boundaries of the ego dissolve, revealing our inherent interconnectedness. Fulfilment is no longer sought through accumulation or external validation; it comes from understanding that we are expressions of the same unified reality. From this awareness, peace, compassion, and authentic living naturally emerge.

badhahu kee na hodd maadhau mo siau ||
Why do you not make a wager with me, Madho the beloved universal force? This symbolises a realised conscience that playfully challenges the self to prove that they are separate entities.

Thaakur te jan jan te Thaakur khel pario hai to siau ||1|| rahaau ||
From being a master to servant, and from servant to master, this play unfolds with you. This points to non-duality: roles reverse, yet the underlying presence remains one, dissolving the notion of separateness. (1)(Pause)

aapan dheau dhehuraa aapan aap lagaavai poojaa ||
You are the deity, you are the temple, and you yourself engage in the worship. This reflects that the subject, the object, and the context are all manifestations of a single consciousness that arise within the same awareness.

jal te tara(n)g tara(n)g te hai jal kahan sunan kau dhoojaa ||1||
From water arise the waves, and within the waves there is only water; the difference exists only in form and understanding. This suggests that apparent differences are expressions of the same essence, leaving no otherness. (1)

aapeh gaavai aapeh naachai aap bajaavai tooraa ||

It itself sings, it itself dances, and it itself plays the trumpet. This symbolises cosmic symphony, viewing existence not as a hierarchy but as singular self-generating energy that plays all the roles.

kahat naamadheau too(n) mero Thaakur jan uooraa too pooraa ||2||2||

Namdev says, you are my sustaining presence; I am incomplete, and you are the wholeness in which I find completion. This suggests experiencing non-duality and recognizing that we are part of the larger wholeness of oneness. (2)(2)

Essence: Bhagat Namdev reminds us that apparent differences are expressions of the same underlying essence, revealing that separation exists only at the level of form. Beneath the diversity of names, identities, beliefs, and appearances lies a shared reality that connects all existence. From this perspective, compassion arises naturally, for there is no "other" to oppose, diminish, or exploit. Diversity is no longer seen as division, but as the many expressions of one indivisible whole.

Sabad Interpretation by **Vininder Kaur & Amardeep Singh**

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