

Bhagat Pipa - Sabad 1
kaayau devaa kaiaau deval kaiaau ja(n)gam jaatee ||
Raag Dhanasri, Bhagat Pipa, Guru Granth Sahib, 695

kaayau devaa kaiaau deval kaiaau ja(n)gam jaatee ||
kaiaau dhoop deep nieebedaa kaiaau poojau paatee ||1||
kaiaa bahu kha(n)dd khojate nav nidh paiee ||
naa kachh aaibo naa kachh jaibo raam kee duhaiee ||1|| rahaau ||
jo brahama(n)dde soiee pi(n)dde jo khojai so paavai ||
peepaa pranavai param tat hai satigur hoi lakhaavai ||2||3||

Summary: " The statement 'Nothing is lost, and nothing is created' reveals a significant truth: matter and energy cannot be destroyed; they can only change form. This principle shows that the universe is an intricate web of interconnectedness, where elements have existed in various forms since the beginning of time and continue to evolve. Birth, loss, gain, and disappearance are merely phases in an ongoing transformation within the same reality. This concept highlights the deep interconnectedness of all things, urging us to recognize our shared existence in the universe.

kaayau devaa kaiaau deval kaiaau ja(n)gam jaatee ||
Within the body is the divine presence; the body itself is the temple, the pilgrim, and the sacred path. This perspective showcases the human body as a vessel of divinity, pursuing its own truth and purpose.

kaiaau dhoop deep nieebedaa kaiaau poojau paatee ||1||
The body holds within it the incense, the lamp, the offering, and the leaves of worship. This signifies that our body deserves to be revered and respected, as it contains conscience, much like how incense holds fragrance and possesses the wisdom to enlighten, just as a lamp emits light. (1)

kaiaa bahu kha(n)dd khojate nav nidh paiee ||
The body seeks through various realms, but the nine treasures lie within it. This suggests that our thoughts wander through external rituals and identities, missing the internal awareness where the essence of creation unfolds.

naa kachh aaibo naa kachh jaibo raam kee duhaiee ||1|| rahaau ||
Nothing is gained or lost; this realization arises from contemplating and embracing the omnipresent awareness. This reflects the fact that inner awareness, once aligned

with the all-pervading presence, transcends the illusion of gain, loss, birth, and death.
(1)(Pause)

jo brahama(n)dde soiee pi(n)dde jo khojai so paavai ||

The energy that permeates the universe also dwells in the body; whoever seeks this omnipresent force finds it within themselves. This suggests a seamless continuity between the outer and inner reality, where separations fade away.

peepaa pranavai param tat hai satigur hoi lakhaavai ||2||3||

Pipa says he prays to gain the supreme essence, which lies in understanding the truth of insights. This reflects a seeker seeking wisdom that leads from the darkness of ignorance to the light of understanding. (2)(3)

Essence: Bhagat Pipa suggests that the human body is a universe in itself, a sacred vessel through which unseen, all-encompassing awareness becomes accessible. The body is not merely a physical form; it is a living temple where reflection, emotion, and experience come together. When we honour our bodies through self-reflection, they become instruments for spiritual growth and self-transcendence. This concept emphasizes the importance of respecting the body as it is; through this vessel, the inner cosmos aligns with the outer universe.

Sabad Interpretation by **Vininder Kaur & Amardeep Singh**

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