

Bhagat Ravidas – Sabad 10
kahaa bhio jau tan bhio chhin chhin ||
Raag Asa, Bhagat Ravidas, Guru Granth Sahib, 486

kahaa bhio jau tan bhio chhin chhin ||
prem jai tau Darapai tero jan ||1||
tujheh charan arabi(n)d bhavan mann ||
paan karat paio paio raamieeaa dhan ||1|| rahaau ||
sa(n)pat bipat paTal maiaa dhan ||
taa meh magan hot na tero jan ||2||
prem kee jevaree baadhio tero jan ||
keh ravidas chhooTibo kavan gun ||3||4||

Summary: Life's inevitability invites us to embrace the beauty of its ever-changing reality, much like the seasons. Each winter may bring cold, but it is followed by the warmth of summer. Spring bears vibrant blooms, and in fall, they wither and shed. This natural cycle we all experience reminds us that our bodies grow, flourish, age, and eventually return to the earth. Mourning this cycle leads to despair, as we overlook the purpose and significance of the laws of nature by forgetting that we all have an integral part to play in them. By accepting the rhythm of life, we free ourselves from the fear of change and uncover a harmony where we are one among many, each of us significant, yet none at the centre. This embrace allows comfort not in permanence but in active engagement with life.

kahaa bhio jau tan bhio chhin chhin ||

What can we conclude about a body that transforms with each passing moment? This reveals that the true value lies not in preserving physical form, but in nurturing the eternal spirit within.

prem jai tau Darapai tero jan ||1||

When love for universality fades, only then does its seeker become fearful. This redefines "fear" not as a reaction to physical degeneration but as a distress of spiritual disconnection that brings despair. (1)

tujheh charan arabi(n)d bhavan mann ||

Embracing the laws of nature and housing them within the conscience is like discovering a sacred sanctuary at the lotus feet, a symbolic reference for serenity, humility, and pure intentions.

paan karat paio paio raamieaaa dhan ||1|| rahaau ||

When we accept the laws of nature, we can gain awareness and discover the invaluable essence of unity that connects everything. (1)(Pause)

sa(n)pat bipat paTal maiaa dhan ||

Prosperity, adversity, delusion, or possessions are assets of illusions. This perspective highlights that our definition of success may mislead us to pursue what lacks true fulfilment.

taa meh magan hot na tero jan ||2||

A devotee of the universality of the omnipresent force does not remain engrossed in such illusions. (2)

prem kee jevaree baadhio tero jan ||

The thread of love binds the devotee to your universality, symbolizing unwavering devotion to embody unity.

keh ravidaas chhooTibo kavan gun ||3||4||

Bhagat Ravidas says, what virtue lies in breaking free from this bond? This thought-provoking question compels us to reflect on what we lose when we choose disunity over unity. (3)(4)

Essence: Bhagat Ravidas offers powerful insights into a love that endures despite external influences. Just as a thread provides the direction and strength to string, love and devotion, when strung together, deepen our connection to universal oneness. He asserts that the ultimate source of all forms of wealth comes from our dedication to this oneness, rather than illusory worldly achievements. This understanding encourages us to let go of the transient and to seek the timeless essence within ourselves.

Sabad Interpretation by **Vininder Kaur & Amardeep Singh**

Oneness In Diversity Research Foundation

Website: OnenessInDiversity.com

TheGuruNanak.com

LearnWithNanak.com

Email: onenessindiversityfoundation@gmail.com