

Guru Nanak - Sabad 17
ma(n)nai paaveh mokh duaar
Jap, Guru Nanak, Guru Granth Sahib, 3

ma(n)nai paaveh mokh duaar ||
ma(n)nai parvaarai saadhaar ||
ma(n)nai tarai taare gur sikh ||
ma(n)nai naanak bhavah na bhikh ||
aaisaa naam nira(n)jan hoi ||
je ko ma(n)n jaanai man koi ||15||

Summary: Total acceptance is embodying it without any conditions; in this way, many doors open to assimilate and disseminate learning for universal enlightenment.

ma(n)nai paaveh mokh duaar ||
Those who embody acceptance find the door to wisdom to emancipate themselves.

ma(n)nai parvaarai saadhaar ||
Those who embody acceptance disseminate their experiential wisdom to their fellow beings.

ma(n)nai tarai taare gur sikh ||
Those who embody acceptance liberate themselves, the seers and the seekers.

ma(n)nai naanak bhavah na bhikh ||
Nanak says those who embody acceptance do not wander in ignorance, begging for knowledge.

aaisaa naam nira(n)jan hoi ||
The existence of such beings is immaculate.

je ko ma(n)n jaanai man koi ||15||
Those who practice acceptance only know their state of being. (15)

Essence: Those who practice acceptance gain the ability to transform their perceptions to reach a realm of pristine existence where they can liberate themselves and others.

Sabad Interpretation by **Vininder Kaur & Amardeep Singh**

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