

Guru Nanak - Sabad 19
asa(n)kh jap asa(n)kh bhaau ||
Jap, Guru Nanak, Guru Granth Sahib, 3

asa(n)kh jap asa(n)kh bhaau ||
asa(n)kh poojaa asa(n)kh tap taau ||
asa(n)kh gra(n)th mukh vedh paaTh ||
asa(n)kh jog mann raheh udhaas ||
asa(n)kh bhagat gun giaan veechaar ||
asa(n)kh satee asa(n)kh daataar ||
asa(n)kh soor muh bhakh saar ||
asa(n)kh mon liv lai taar ||
kudarat kavan kahaa veechaar ||
vaariaa na jaavaa ek vaar ||
jo tudh bhaavai saiee bhalee kaar ||
too sadaa salaamat nira(n)kaar ||17||

Summary: Diverse perspectives remind us that all traditions and paths are unique. It encourages to seek an understanding of the cosmos through inquiry and embracing the powerful wonders of nature rather than relying solely on our way of living.

asa(n)kh jap asa(n)kh bhaau ||
There are innumerable ways of meditation and innumerable ways of devotion.

asa(n)kh poojaa asa(n)kh tap taau ||
There are innumerable ways of worshipping, innumerable ways of austere disciplines.

asa(n)kh gra(n)th mukh vedh paaTh ||
There are innumerable scriptures and innumerable ways of reciting them.

asa(n)kh jog mann raheh udhaas ||
There are innumerable ascetics who practice detachment.

asa(n)kh bhagat gun giaan veechaar ||
There are innumerable devotees who become virtuous through knowledge and contemplation.

asa(n)kh satee asa(n)kh daataar ||
There are innumerable who practice self-restraint. There are innumerable who are generous givers.

asa(n)kh soor muh bhakh saar ||

There are innumerable heroic warriors who bear the consequences of conflict.

asa(n)kh mon liv lai taar ||

There are innumerable sages who remain silent in uninterrupted concentration.

kudrat kavan kahaa veechaar ||

How can the power of diversity in nature be comprehended?

vaariaa na jaavaa ek vaar ||

Its magnitude can't be encompassed even for a moment.

jo tudh bhaavai saiee bhalee kaar ||

Whatever is ordained by the laws of nature is a sublime act for universal well-being.

too sadaa salaamat nira(n)kaar ||17||

The all-pervading consciousness is eternal and formless. (17)

Essence: Guru Nanak says there are countless forms in nature, each with its own unique way of living. The sheer vastness and complexity of creation are beyond our comprehension. However, all forms are subject to the same laws of nature, which are governed by the all-pervading consciousness. This interconnectedness defines Oneness in diversity.

Sabad Interpretation by **Vininder Kaur & Amardeep Singh**

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