

Guru Nanak - Sabad 20
asa(n)kh moorakh a(n)dh ghor ||
Jap, Guru Nanak, Guru Granth Sahib, 4

asa(n)kh moorakh a(n)dh ghor ||
asa(n)kh chor haraamakhor ||
asa(n)kh amar kar jaeh jor ||
asa(n)kh galvaD hatiaa kamaeh ||
asa(n)kh paapee paap kar jaeh ||
asa(n)kh kooRiaar kooRe firaeh ||
asa(n)kh malechh mal bhakh khaeh ||
asa(n)kh ni(n)dak sir kareh bhaar ||
naanak neech kahai veechaar ||
vaariaa na jaavaa ek vaar ||
jo tudh bhaavai saiee bhalee kaar ||
too sadaa salaamat nira(n)kaar ||18||

Summary: Human character can be categorized into positive and negative traits. These traits impact our behavior, thoughts, emotions, and actions. They serve as an internal compass that can guide us in making a choice to lead a life with virtues or vices.

asa(n)kh moorakh a(n)dh ghor ||
There are numerous who are egoistically ignorant and become flagrant.

asa(n)kh chor haraamakhor ||
There are numerous pilfers who consume what is not rightfully theirs.

asa(n)kh amar kar jaeh jor ||
There are numerous who desire immortality and resort to oppression.

asa(n)kh galvaD hatiaa kamaeh ||
There are numerous who inflict physical harm on others.

asa(n)kh paapee paap kar jaeh ||
There are numerous who continue to be unrighteous, committing crimes after crime.

asa(n)kh kooRiaar kooRe firaeh ||
There are numerous who are dishonest and become entangled in deceit.

asa(n)kh malechh mal bhakh khaeh ||
There are numerous who are wicked and indulge in wickedness.

asa(n)kh ni(n)dak sir kareh bhaar ||

There are numerous who slander and carry the burden of their negativity.

naanak neech kahai veechaar ||

Nanak, in humility, after having reflected, concludes that one's actions determine one's worth as a lowly person, regardless of one's social status.

vaariaa na jaavaa ek vaar ||

The magnitude of nature can't be encompassed even for a moment.

jo tudh bhaavai saiee bhalee kaar ||

Whatever is ordained by the laws of nature is a sublime act for universal well-being.

too sadaa salaamat nira(n)kaar ||18||

The all-pervading consciousness is eternal and formless. (18)

Essence: Guru Nanak says, one's status is often measured by external factors like economic background, caste, or position of power. These factors may bring glorification, but they are not a benchmark of a virtuous character. Virtues are the bedrock of a meaningful life. They shape our character, influence our interactions, and contribute to our overall well-being to create a positive impact on our surroundings.

Sabad Interpretation by **Vininder Kaur & Amardeep Singh**

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