

Guru Nanak - Sabad 24
paataalaa paataal lakh aagaasaa aagaas ||
Jap, Guru Nanak, Guru Granth Sahib, 5

paataalaa paataal lakh aagaasaa aagaas ||
oRak oRak bhaal thake ved kahan ik vaat ||
sahas aThaareh kahan katebaa asuloo ik dhaat ||
lekhaa hoi ta likheeaai lekhai hoi vinaas ||
naanak vaDaa aakheeaai aape jaanai aap ||22||

Summary: The concept of the multiverse describes an infinite, eternal, and ever-expanding universe that contains multiple worlds, dimensions, and planes of existence. This idea emphasizes the grandeur, vastness, and complexity of the diversity in the universe, which is incomprehensible yet interconnected.

paataalaa paataal lakh aagaasaa aagaas ||
There are countless unexplored regions and millions of uncharted spaces and realms.

oRak oRak bhaal thake ved kahan ik vaat ||
The Vedas (Indic scriptures) reveal that many have been overwhelmed trying to unfurl the vastness of creation.

sahas aThaareh kahan katebaa asuloo ik dhaat ||
The Katebs (Semitic scriptures) claim that there are 18,000 universes. However, in reality, the source is One.

lekhaa hoi ta likheeaai lekhai hoi vinaas ||
If one attempts to document the vastness of creation, it would be impossible, as one would perish trying to scribe it.

naanak vaDaa aakheeaai aape jaanai aap ||22||
Nanak says that the enlightened are those who are conscious of their existence as part of the singular, all-pervading, unseen awareness. (22)

Essence: Guru Nanak says that true greatness lies in self-awareness, recognizing that the self is a part of the singular, all-pervading, unseen awareness.

Sabad Interpretation by **Vininder Kaur & Amardeep Singh**

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