

Guru Nanak - Sabad 26
a(n)t na sifatee kahan na a(n)t ||
Jap, Guru Nanak, Guru Granth Sahib, 5

a(n)t na sifatee kahan na a(n)t ||
a(n)t na karanai den na a(n)t ||
a(n)t na vekhan sunan na a(n)t ||
a(n)t na jaapai kiaa man ma(n)t ||
a(n)t na jaapai keetaa aakaar ||
a(n)t na jaapai paaraavaar ||
a(n)t kaaran kete bilalaeh ||
taa ke a(n)t na paae jaeh ||
eh a(n)t na jaanai koi ||
bahutaa kaheetaa bahutaa hoi ||
vaDaa saahib uoochaa thaau ||
uooche upar uoochaa naau ||
evaD uoochaa hovai koi ||
tis uooche kau jaanai soi ||
jevaD aap jaanai aap aap ||
naanak nadaree karamee daat ||24||

Summary: Unconsciously, we have an innate desire to search for the limitless. The truth we are seeking is infinite, but our senses are limited. They can only perceive things when there is a context; such as hot and cold, male and female, day and night, and so on. Limited by duality, the ignorant mind seeks what is present everywhere within and outside, as limitlessness is omnipresent.

a(n)t na sifatee kahan na a(n)t ||
There is no end to glorifications and no end to express them.

a(n)t na karanai den na a(n)t ||
There is no end to deeds and no end to giving to charity.

a(n)t na vekhan sunan na a(n)t ||
There is no end to perceptions and no end to assimilations.

a(n)t na jaapai kiaa man ma(n)t ||
There is no end to chanting what the mind accepts as teachings.

a(n)t na jaapai keetaa aakaar ||
There is no end to chanting about the creations of the creator.

a(n)t na jaapai paaraavaar ||
There is no end limit to chant about the limit of the limitlessness.

a(n)t kaaran kete bilalaeh ||

Many strive to understand the end of limitlessness.

taa ke a(n)t na paae jaeh ||

However, the limit can't be known.

eh a(n)t na jaanai koi ||

Nobody is aware of the limitlessness of the all-pervading unseen awareness.

bahutaa kaheeaai bahutaa hoi ||

The more one says about limitlessness, the more there is to know.

vaDaa saahib uoochaa thaau ||

The virtuous are in a state of the higher spiritual realm.

uooche upar uoochaa naau ||

However, the highest realm of humanity is held through contemplation.

evaD uoochaa hovai koi ||

Such virtuous who contemplate are rare.

tis uooche kau jaanai soi ||

Only they are aware of the exalted state of being virtuous.

jevaD aap jaanai aap aap ||

They are aware of themselves and the greatness of their virtues.

naanak nadaree karamee daat ||24||

Nanak says that such a vision is received as a blessing for their deeds. (24)

Essence: Guru Nanak believed that spiritual enlightenment comes from accepting limitlessness. Although existence presents itself in diverse forms, it remains a unified realm of limitless consciousness. Our physical identification and ego make us feel limited, but contemplation can reconnect us with our innate virtues to realize our limitlessness.

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