

Guru Nanak - Sabad 31
bhugat giaan daiaa bha(n)Daaran ghaT ghaT vaajeh naad ||
Jap, Guru Nanak, Guru Granth Sahib, 6

bhugat giaan daiaa bha(n)Daaran ghaT ghaT vaajeh naad ||
aap naath naathee sabh jaa kee ridh sidh avaraa saad ||
sa(n)jog vijog dui kaar chalaaveh lekhe aaveh bhaag ||
aades tisai aades ||
aad aneel anaad anaahat jug jug eko ves ||29||

Summary: Spiritual knowledge is not just about accumulating facts and information. It requires consciously developing pro-social behaviours such as compassion, self-reflection, and acceptance of diverse perspectives. It allows thoughtful decisions and considers actions that impact those around us.

bhugat giaan daiaa bha(n)Daaran ghaT ghaT vaajeh naad ||
Strive to regard spiritual knowledge as the daily source of sustenance and compassion, the depository. As the same life force, vibrates in every part of creation.

aap naath naathee sabh jaa kee ridh sidh avaraa saad ||
The all-pervading unseen consciousness is the supreme master at manifesting material wealth, spiritual wisdom, and miraculous powers, among many other manifestations.

sa(n)jog vijog dui kaar chalaaveh lekhe aaveh bhaag ||
The duality of union and separation simultaneously operate in the worldly affairs. Based on one's actions, the law of cause and effect ordains one's destiny.

aades tisai aades ||
Respecting the will of nature is a universal law.

aad aneel anaad anaahat jug jug eko ves ||29||
The source, the flawless, the infinite, the eternal, all-pervading unseen energy since time immemorial has been One single primordial entity. (29)

Essence: Guru Nanak says actions and decisions have an effect. Whether the choices are small, insignificant, significant, or transformational, every decision and action sets events into motion, creating effects experienced at individual and universal levels as the source of all beings is the one all-pervading awareness.

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