

Guru Nanak - Sabad 32
ekaa maiee jugat viaaiee tin chele parvaan ||
Jap, Guru Nanak, Guru Granth Sahib, 7

ekaa maiee jugat viaaiee tin chele parvaan ||
eik sa(n)saaree ik bha(n)Daaree ik laae deebaan ||
jiv tis bhaavai tivai chalaavai jiv hovai furmaan ||
oh vekhai onaa nadar na aavai bahutaa eh viDaan ||
aades tisai aades ||
aad aneel anaad anaahat jug jug eko ves ||30||

Summary: Each child born to the same mother exhibits individuality while aiming towards similar developmental milestones. For instance, every child learns to walk at their own pace. As a nurturer, a mother prioritizes the effort rather than the method or pace of achieving the result. Similarly, when individuals are accepted and valued for their unique ways in conformity to the laws of nature to attain spiritual wisdom. They exhibit the courage to accept and love others for their respective uniqueness, thus making the world a better place.

ekaa maiee jugat viaaiee tin chele parvaan ||
The singular creator manifests as the creation; in alliance with creativity, it embraces diverse manifestations.

eik sa(n)saaree ik bha(n)Daaree ik laae deebaan ||
Some are engrossed in worldly chores, some in materialism and some hold spiritual congregations.

jiv tis bhaavai tivai chalaavai jiv hovai furmaan ||
Creator, the all-pervading awareness, orchestrates its manifestations with its will by abiding with its own created laws of nature.

oh vekhai onaa nadar na aavai bahutaa eh viDaan ||
The all-pervading awareness watches everything, yet it can't be seen; this is the most fascinating reality.

aades tisai aades ||
Respecting the will of nature is a universal law.

aad aneel anaad anaahat jug jug eko ves ||30||
The source, the flawless, the infinite, the eternal, all-pervading unseen energy since time immemorial has been One single primordial entity. (30)

Essence: Guru Nanak says the Omnipresence of the life-giving source is enchanting. It fascinatingly remains intangible yet observes everything by manifesting tangible, diverse forms in nature.

Sabad Interpretation by **Vininder Kaur & Amardeep Singh**

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