

Guru Nanak - Sabad 38
giaan kha(n)D meh giaan parcha(n)D ||
Jap, Guru Nanak, Guru Granth Sahib, 7

giaan kha(n)D meh giaan parcha(n)D ||
tithai naad binod koD ana(n)d ||
saram kha(n)D kee baanee roop ||
tithai ghaaRat ghaReeaaai bahut anoop ||
taa keeaa galaa katheetaa naa jaeh ||
je ko kahai pichhai pachhutai ||
tithai ghaReeaaai surat mat mann budh ||
tithai ghaReeaaai suraa sidhaa kee sudh ||36||

Summary: Living beings are born with specific inherent knowledge; the rest is acquired. Theoretical learning by itself is not enough, benefits are reaped when it is supplemented with critical thinking to practically implement and apply the concepts. This evolution from theoretical learning to practical implementations for the greater good is called wisdom- the higher form of knowledge. It is a stage like that of a skillful archer, who pulls the string of the bow closer to oneself so that the arrow can be launched at the target.

giaan kha(n)D meh giaan parcha(n)D ||
In the realm of knowledge, spiritual wisdom reigns supreme.

tithai naad binod koD ana(n)d ||
In this realm, myriad creations resonate with joy and millions of eternal bliss.

saram kha(n)D kee baanee roop ||
In the realm of humility, all forms of creation are beautiful.

tithai ghaaRat ghaReeaaai bahut anoop ||
In this realm, the creator creates numerous incomparable forms.

taa keeaa galaa katheetaa naa jaeh ||
The multitudes of the creator's creation cannot be described.

je ko kahai pichhai pachhutai ||
Those who try to describe regret the attempt.

tithai ghaReeaaai surat mat mann budh ||
In this realm, consciousness, intellect, mind, and wisdom are moulded.

tithai ghaReeaaai suraa sidhaa kee sudh ||36||
In this realm, fearlessness is acquired, and universal powers are realized. (36)

Essence: Guru Nanak mentions different states of consciousness, which can be a profound way to understand the purpose of one's existence. He says the realm of spiritual wisdom stands at the pinnacle of life's vast expanse of knowledge. It opens the realm of humility, which recognizes that every single form of creation, from the grandest mountains to the tiniest organisms, holds its own intrinsic and awe-inspiring beauty worthy of acknowledgment and respect.

Sabad Interpretation by **Vininder Kaur & Amardeep Singh**

Oneness In Diversity Research Foundation

Website: OnenessInDiversity.com

TheGuruNanak.com

LearnWithNanak.com

Email: onenessindiversityfoundation@gmail.com