

Guru Nanak - Sabad 5
gaavai ko taan hovai kisai taan
Jap, Guru Nanak, Guru Granth Sahib, 1

gaavai ko taan hovai kisai taan ||
gaavai ko daat jaanai neesaan ||
gaavai ko gun vaDiaaieeaa chaar ||
gaavai ko vidiaa vikham veechaar ||
gaavai ko saaj kare tan kheh ||
gaavai ko jee lai fir deh ||
gaavai ko jaapai disai duur ||
gaavai ko vekhai haadaraa haduur ||
kathanaa kathee na aavai toT ||
kath kath kathee koTee koT koT ||
dedaa de laide thak paeh ||
jugaa juga(n)tar khaaee khaeh ||
hukamee hukam chalaee raahu ||
naanak vigasai veparvaahu ||3||

Summary: People express their understanding of diverse facets of Omnipresent according to their state of mind, which is interconnected with one's level of awareness. Their perceptions are based on the multitude of experiences they have during the various stages of life, which are governed by the laws of nature.

gaavai ko taan hovai kisai taan ||
Those who have the conviction about the strength of the all-pervading consciousness, seek its support.

gaavai ko daat jaanai neesaan ||
Those who believe in the all-pervading consciousness express their gratitude for the bounties of creation.

gaavai ko gun vaDiaaieeaa chaar ||
Those who have experienced the all-pervading consciousness express its manifold attributes.

gaavai ko vidiaa vikham veechaar ||
Those who have acquired knowledge of the all-pervading consciousness through critical thinking mention its omnipresence.

gaavai ko saaj kare tan kheh ||
Those who notice the fragility of bodily existence speak of the all-pervading consciousness as its creator and the destroyer.

gaavai ko jee lai fir deh ||

Those who reflect on the permanence of the all-pervading consciousness state that this force takes away and infuses life.

gaavai ko jaapai disai duur ||

For those who have yet to embark on self-reflection, the all-pervading consciousness appears distant.

gaavai ko vekhai haadaraa haduur ||

Those who have a connection with nature sense the presence of the all-pervading consciousness.

kathanaa kathee na aavai toT ||

There is no dearth of descriptions and narrations about the all-pervading consciousness.

kath kath kathee koTee koT koT ||

There are countless, beliefs, philosophies and their narrators.

dedaa de laide thak paeh ||

The seer keeps bestowing, and the seeker gets weary of receiving.

jugaa juga(n)tar khaaee khaeh ||

For time immemorial, the seekers indulge in perceptions.

hukamee hukam chalaee raahu ||

The all-pervading consciousness leads to a path to practice a way of life.

naanak vigasai veparvaahu ||3||

Nanak says he blooms in the spiritual state of being carefree. (3)

Essence: Guru Nanak says that beyond the confines of dependence on thoughts, experiences, and conditions when one treads the worldly path without any apprehension in concordance with the all-pervading consciousness, the journey of life becomes delightful.

Sabad Interpretation by **Vininder Kaur & Amardeep Singh**

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