

Guru Nanak - Sabad 6
saachaa saahib saach nai bhaakhiaa bhaau apaar
Jap, Guru Nanak, Guru Granth Sahib, 2

saachaa saahib saach nai bhaakhiaa bhaau apaar ||
aakheh ma(n)geh deh deh daat kare daataar ||
fer ke agai rakheeaai jit disai darbaar ||
muhau ke bolan boleaaai jit sun dhare piaar ||
a(n)mrit velaa sach naau vaDiaaiee veechaar ||
karmee aavai kaparaa nadaree mokh duaar ||
naanak evai jaaneeaaai sabh aape sachiaar ||4||

Summary: If a persevering effort is made to acquire what one seeks, then what is sought comes forward multi-fold. This endeavor of self-effort magnifies innate human qualities, developing one's character.

saachaa saahib saach nai bhaakhiaa bhaau apaar ||
Truth, the master, is the all-pervading consciousness; its identity is eternal, and its language is unbounded love.

aakheh ma(n)geh deh deh daat kare daataar ||
Those who fearlessly and repeatedly seek love are bestowed with it in bounties by the all-pervading consciousness.

fer ke agai rakheeaai jit disai darbaar ||
What can one give to get a glimpse of such a congregation of seekers?

muhau ke bolan boleaaai jit sun dhare piaar ||
What words can one speak that evoke love?

a(n)mrit velaa sach naau vaDiaaiee veechaar ||
That moment is sublime when one is in an eternal ambrosial state of truthfulness, self-reflection, gratitude, and contemplation.

karmee aavai kaparaa nadaree mokh duaar ||
With such actions, a character is built that can open the doors of wisdom.

naanak evai jaaneeaaai sabh aape sachiaar ||4||
Nanak says that through such attributes and self-efforts, one can understand one's true self. (4)

Essence: Guru Nanak says truth and love are the foundation of existence. Those who seek wisdom to know their reality focus on contemplation while being

truthful and loving. Together, these create a glorious moment of spiritual illumination for the seeker.

Sabad Interpretation by **Vininder Kaur & Amardeep Singh**

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