

Sheikh Farid – Sabad 35
saahurai Doiee naa lahai peieeaaai naahee thaau ||
Salok, Seikh Farid, Guru Granth Sahib, 1379

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pir vaataRee na puchhiee dhan sohaagan naau ||31||

Summary: A truly secure abode is a place that transcends physical space, beliefs, and material possessions; it embodies a profound connection to universality. A house with a weak foundation, though it may seem stable from the outside, is inherently unsteady. Similarly, we can appear fine on the surface while grappling with inner discord. Even in environments that are comfortable, prosperous, and rich with community, we may still feel vulnerable and lost without self-reflection, honesty, and universal love. This disconnect reminds us that no external circumstance can shield us from our internal struggles. To truly feel a sense of security, we must cultivate our inner strength and develop awareness, enabling us to connect deeply with ourselves and the world around us.

saahurai Doiee naa lahai peieeaaai naahee thaau ||

There is no refuge in the marital home, nor any shelter in the parental house, illustrating the mind's sense of disconnect; it finds no fulfilment in the material world and feels estranged from its true essence.

pir vaataRee na puchhiee dhan sohaagan naau ||31||

The Beloved does not ask about her; yet the bride is recognized as blessed, reflecting a disconnect with the essence of unity, but the outward appearance projects false harmony. (31)

Essence: Sheikh Farid uses a metaphor of a newlywed who feels unwelcome in both her marital and parental homes. Even when her beloved turns away from her, she is considered blessed. This imagery illustrates an individual's mindset which struggles to embrace wisdom and connect with the essence of creation. Even though internally, they are not aligned with their consciousness, they are perceived as harmonious externally. Sheikh Farid's portrayal encourages us to embrace the natural order, accept our true selves, connect with the oneness of creation, and see the world beyond its external appearances.

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