

Sheikh Farid – Sabad 43
fareedaa dar daravaajai jai kai kiau DiTho ghaReeaal ||
Salok, Seikh Farid, Guru Granth Sahib, 1379

fareedaa dar daravaajai jai kai kiau DiTho ghaReeaal ||
eh nidosaa(n) maareeaai ham dosaa(n) daa kias haal ||39||

Summary: Upholding innocence requires considerable strength, as the consequences of our negative actions can be far more damaging than we often anticipate. Living with unwavering clarity and purity of intention is a powerful expression of inner resilience. Consequentialism is a concept that emphasizes that good actions yield beneficial outcomes, while harmful actions lead to suffering. Right actions are those that maximize well-being and minimize harm, for both ourselves and others. These decisions create ripples that extend beyond the immediate moment, shaping our character and relationships, and frequently influencing unforeseen future situations. Embracing this understanding empowers us to act in ways that foster a better world for everyone.

fareedaa dar daravaajai jai kai kiau DiTho ghaReeaal ||
Farid says that when you go to a place of worship, do you see the gong?
Symbolically, the sound of the gong calls in positivity and repels negativity.

eh nidosaa(n) maareeaai ham dosaa(n) daa kias haal ||39||
If the innocent object is being struck, what will become of us, the negative ones?
This observation suggests that if innocence requires strength to endure, the repercussions of our negative actions are more severe. (39)

Essence: Sheikh Farid uses the striking of a gong as a powerful metaphor for self-reflection and accountability. He explains that when one enters a place of worship, the gong is struck to evoke positivity and dispel negativity, creating an environment conducive to connecting with the divine. Similarly, only when we strike our awareness can we evoke virtues and dispel our vices, allowing us to connect with our conscience, our divine essence. He emphasizes that the gong, representing innocence, is struck to produce a sound that invites divinity, prompting us to reflect on the fate of those who harbor ill intent. This prompt raises a crucial question: even those who strive for truth require resilience to remain steadfast on their journey. If it is challenging for those who are positive to maintain this path, what hope is there for those entrenched in negativity?

Oneness In Diversity Research Foundation

Website: OnenessInDiversity.com

TheGuruNanak.com

LearnWithNanak.com

Email: onenessindiversityfoundation@gmail.com