

Sheikh Farid – Sabad 115
dhaatee saahib sa(n)dheaaa kiaa chalai tis naal ||
Salok, Guru Nanak, Guru Granth Sahib, 1384

dhaatee saahib sa(n)dheaaa kiaa chalai tis naal ||
eik jaaga(n)dhe naa lahani(h) ikan(h)aa sutiaa dheu uThaal ||113||

Summary: The gifts of nature are universal and come from a greater source that encompasses all. They are entrusted to us rather than owned by us. This perspective encourages us to reflect on what genuinely accompanies us or leaves us. By shifting our focus from ownership to awareness, we realise that the essence of life lies not in what we possess but in what we nurture within ourselves. What truly matters are our experiences and the connections we form with the things that touch our lives and flow through us.

dhaatee saahib sa(n)dheaaa kiaa chalai tis naal ||
Universal gifts come from the giver, the all-encompassing awareness. What can accompany us? This reflection reveals that life is not about ownership; it is about how consciously we engage with our experiences.

eik jaaga(n)dhe naa lahani(h) ikan(h)aa sutiaa dheu uThaal ||113||
Some remain vigilant yet do not gain, while others awaken from their slumber and gain. This illustrates that realization isn't linear; many who possess knowledge may remain egoistic, while those who lack knowledge can gain insights through humility. (113)

Essence: This verse by Guru Nanak reveals profound truths, echoed by Sheikh Farid, who shows that many may seem vigilant yet miss insight. In contrast, those who awaken from inner slumber can gain unexpected understanding. Realization does not follow a specified path; we may be intellectually alert yet held back by our egos, while those who seem oblivious may grow wiser through a humble mindset. Wisdom arises not from mere effort or knowledge, but from our inner state, highlighting that humility opens doors for growth that pride has closed.

Sabad Interpretation by **Vininder Kaur & Amardeep Singh**

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