

Sheikh Farid – Sabad 82
fareedhaa pa(n)kh paraahunee dhunee suhaavaa baag ||
Salok, Seikh Farid, Guru Granth Sahib, 1382

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naubat vajee subeh siau chalan kaa kar saaj ||79||

Summary: Our sensory experiences are vivid but fleeting moments in a constantly changing landscape of perception. What we see, hear, and interpret may seem real, yet it is always shifting. The world may appear stable, but this certainty is mainly shaped by our senses and the narratives we construct in our assumptions. This perspective shows that what we consider fixed reality is simply a temporary display of impressions. Embracing this idea enhances our appreciation of life, reminding us that its true magic lies in its impermanence.

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Farid says the bird is a guest, and the world is an embellished garden. This suggests that our sensory experiences are temporary, within our enchanting, illusory surroundings.

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Drums are being played in the morning to prepare for departure. This symbolizes the awakening to the reality of time; each new day is a reminder to live prepared, inwardly aligned, and not delayed by the fantasy of permanence. (79)

Essence: Sheikh Farid reminds us that time is always moving, whether we notice it or not. We often act as if life is limitless, postponing what truly matters under the false comfort of endless chances. Each sunset and sunrise dispel this illusion. He encourages us to be ready, not out of fear, but by aligning with our core values and prioritizing what is essential. Recognizing the fleeting nature of time makes even ordinary moments meaningful. Each day becomes an invitation to live truthfully in the present, rather than waiting for the uncertain promise of tomorrow.

Sabad Interpretation by **Vininder Kaur & Amardeep Singh**

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