

**Sheikh Farid – Sabad 94**  
**kaagaa kara(n)g dda(n)ddoliaa sagalaa khaiaa maas ||**  
**Salok, Seikh Farid, Guru Granth Sahib, 1382**

kaagaa kara(n)g dda(n)ddoliaa sagalaa khaiaa maas ||  
e dhui nainaa mat chhuhau pir dhekhan kee aas ||91||

**Summary:** Time functions like a sculptor, carefully chiselling away the surface layers of our existence. The block of stone may appear solid, symbolizing our roles and identities. However, as time passes, each moment acts like a chisel, removing layers to reveal the deeper truths hidden beneath. This process allows us to reshape our perceptions, let go of borrowed identities, and reveal the enduring realities that surface when we remove the distractions of external circumstances.

kaagaa kara(n)g dda(n)ddoliaa sagalaa khaiaa maas ||  
The crow rummaged through the skeleton and consumed all the flesh. This striking image illustrates how time strips away our identities and alters our perceptions, laying bare the undeniable truths of existence.

e dhui nainaa mat chhuhau pir dhekhan kee aas ||91||  
Do not touch these two eyes; I still hold hope of seeing the beloved. This highlights the power of inner vision, which accepts physical decline while cherishing awareness as life's true purpose. (91)

**Essence:** Sheikh Farid emphasises the importance of recognising that while all material comforts and vitality can be relinquished by the conscience, the pursuit of insight is essential and non-negotiable. A true seeker is ready to face life's challenges as long as the path to truth remains open.

---

Sabad Interpretation by **Vininder Kaur & Amardeep Singh**

**Oneness In Diversity Research Foundation**

**Website:** [OnenessInDiversity.com](http://OnenessInDiversity.com)

[TheGuruNanak.com](http://TheGuruNanak.com)

[LearnWithNanak.com](http://LearnWithNanak.com)

**Email:** [onenessindiversityfoundation@gmail.com](mailto:onenessindiversityfoundation@gmail.com)